CITY OF FLAGSTAFF

STAFF SUMMARY REPORT

To: The Honorable Mayor and Council

04/02/2019

From:

Meeting Date:

Date: 03/26/2019

TITLE:

<u>Consideration and Adoption of Resolution No. 2019-12:</u> A resolution approving an Intergovernmental Agreement between the City of Flagstaff and Coconino County regarding the County's continued use of the Joe C. Montoya Community and Senior Center to operate its Senior Nutrition Programs.

STAFF RECOMMENDED ACTION:

- 1) Read Resolution No. 2019-12 by title only
- 2) City Clerk reads Resolution No. 2019-12 by title only (if approved above)
- 3) Adopt Resolution No. 2019-12_

Executive Summary:

This is an Intergovernmental Agreement between the City of Flagstaff and Coconino County for the purposes of continuing the Meals on Wheels Program and the Congregate Meal Program for the benefit of seniors in the greater Flagstaff community.

Financial Impact:

There is no financial impact to the City with approval of this agreement.

Policy Impact:

This is an existing program with no policy impact.

Connection to Council Goal, Regional Plan and/or Team Flagstaff Strategic Plan:

This Intergovernmental Agreement and its implementation relates closely to both the Regional Plan and the City of Flagstaff's Strategic Plan in the following ways:

Regional Plan, Policy Rec.1.2. Promote public and private partnerships to offer parks, recreation facilities, and resources.

Strategic Priority #1 Serve the public through quality internal and external customer service.

Strategic Priority #4 Work in partnership to enhance a safe and liveable community

Has There Been Previous Council Decision on This:

This intergovernmental agreement was last approved in January 2013.

Options and Alternatives:

- 1. Approve the intergovernmental agreement as proposed.
- 2. Direct staff to make changes to the intergovernmental agreement.
- 3. Not approve the intergovernmental agreement.

Background and History:

For more than 20 years Coconino County has provided a congregate meal to seniors and the disabled each weekday at noon at the Joe C. Montoya Community and Senior Center. Additionally, the Meals on Wheels program prepares and delivers a weekday noon meal to homebound seniors within city limits. This program has been run cooperatively with the City and the County partnering to deliver a nutritious meal and for congregate meal participants, socialization and communal activities. The Joe C. Montoya Community and Senior Center was designed specifically with this program in mind. Design features and amenities were selected specifically for this partnership and implementing this agreement maximizes the use of this City facility.

Key Considerations:

The Meals on Wheels and Congregate Meal program have been providing a nutritious meal to senior citizens in partnership with the City of Flagstaff for more than 20 years. Ensuring that seniors receive a nutritious meal is a vital part of maintaining a healthy elder population. For many program participants, this is the only interaction they may have with other community members each day. For the Meals on Wheels participants, receiving the daily meal also serves as a "Well Check" for them. Trained County staff interface personally with these seniors each day allowing case workers and others the ability to keep in touch with people and monitor their general well being. Besides the nutritional benefits, patrons are also benefiting from the ancillary offerings at the Joe C. Montoya Center during the lunch program, including informational discussions regarding their health and wellness, exercise, and continuing education sessions.

Community Involvement:

Community members participating in either the Meals on Wheels or Congregate Meal Program benefit greatly from their involvement. The daily social interaction and expectation that one attends helps hold people accountable to one another and enhances their social network thus keeping them involved in their community. Additionally, other benefits besides nutrition are provided to program participants to help them live longer, healthier and more rewarding lives as active members of their community.

Attachments: Res. 2019-12

Final IGA